

## Leaky Gut Resources:

Dr. Weston A. Price, DDS:

Website: [Westonaprice.org](http://Westonaprice.org)

Books: *"Nutrition and Physical Degeneration"*

Sally Fallon

Website: [nourishingtraditions.com](http://nourishingtraditions.com)

Books: *"Nourishing Traditions: The Cookbook that Challenges Politically Correct Nutrition and the Diet Dictocrats"*

*"Nourishing Broth"* and *"Nourishing Fats"*

*"Vaccines, Autoimmunity, and the Changing Nature of Childhood Illness,"* with Dr. Thomas Cowan,

Dr. Stephen Lin, DDS

Website: [drstephenlin.com](http://drstephenlin.com)

Books: *"The Dental Diet"*

Dr. Terry Wahls, MD

Website: [terrywahls.com](http://terrywahls.com)

Books: *"The Wahls Protocol"*

Dr. Steven Gundry, MD

Books: *"The Plant Paradox: Hidden Dangers in "Healthy" Foods that Cause Disease and Weight Gain"*

Dr. Natasha Campbell McBride

Website: [doctor-natasha.com](http://doctor-natasha.com)

Books: *"Gut and Psychology Syndrome"* and *"Gut and Physiology Syndrome"*

Dr. David Perlmutter, MD

Books:

*"Grain Brain: The Surprising Truth about Wheat, Carbs, and Sugar—Your Brain's Silent Killers"*

*"Brain Maker: The Power of Gut Microbes to Heal and Protect Your Brain"*

Dr. Dale Bredesen, MD

Books: *"The End of Alzheimer's: The First Program to Prevent and Reverse Cognitive Decline"*

Dr. Josh Axe, MD

Books: *"Eat Dirt: Leaky Gut May be the Root of Your Health Problems + 5 Steps to Cure It"*

Dr. Paul Thomas, MD

Books: *"The Vaccine Friendly Plan"*